PCRA OFFENDER SECTION

NAME:	
DATE:	

PACTS #:

Read the following statements and check the box that best reflects your opinion of the statement.

	4 - Strongly Agree	3 - Agree	2 - Uncertain	1 - Disagree
1. I will allow nothing to get in the way of me getting what I want.	0	0	0	0
2. I find myself blaming society and external circumstances for the problems I have had in life.	0	0	0	0
3. Change can be scary.	0	0	0	0
4. Even though I may start out with the best of intentions I have trouble remaining focused and staying "on track."	0	0	0	0
5. There is nothing I can't do if I try hard enough.	0	0	0	0
When pressured by life's problems I have said "the hell with it" and followed this up by using drugs or engaging in crime.	0	0	0	0
7. It's unsettling not knowing what the future holds.	0	0	0	0
8. I have found myself blaming the victims of some of my crimes by saying things like "they deserved what they got" or "they should have known better."	0	0	0	0
9. One of the first things I consider in sizing up another person is whether they look strong or weak.	0	0	0	0
10. I occasionally think of things too horrible to talk about.	0	0	0	0
11. I am afraid of losing my mind.	0	0	0	0
12. The way I look at it, I've paid my dues and am therefore justified in taking what I want.	0	0	0	0
13. The more I got away with crime the more I thought there was no way the police or authorities would ever catch up with me.	0	0	0	0
14. I believe that breaking the law is no big deal as long as you don't physically hurt someone.	0	0	0	0
15. I have helped out friends and family with money acquired illegally.	0	0	0	0
16. I am uncritical of my thoughts and ideas to the point that I ignore the problems and difficulties associated with these plans until it is too late.	0	0	0	0
17. It is unfair that I have been imprisoned for my crimes when bank presidents, lawyers, and politicians get away with all sorts of illegal and unethical behavior every day.	0	0	0	0

	4 - Strongly Agree	3 - Agree	2 - Uncertain	1 - Disagree
18. I find myself arguing with others over relatively trivial matters.	0	0	0	0
19. I can honestly say that the welfare of my victims was something I took into account when I committed my crimes.	0	0	0	0
20. When frustrated I find myself saying "screw it" and then engaging in some irresponsible or irrational act.	0	0	0	0
21. New challenges and situations make me nervous.	0	0	0	0
22. Even when I got caught for a crime I would convince myself that there was no way they would convict me or send me to prison.	0	0	0	0
23. I find myself taking shortcuts, even if I know these shortcuts will interfere with my ability to achieve certain long-term goals.	0	0	0	0
24. When not in control of a situation I feel weak and helpless and experience a desire to exert power over others.	0	0	0	0
25. Despite the criminal life I have led, deep down I am basically a good person.	0	0	0	0
26. I will frequently start an activity, project, or job but then never finish it.	0	0	0	0
27. I regularly hear voices and see visions which others do not hear or see.	0	0	0	0
28. When it's all said and done, society owes me.	0	0	0	0
29. I have said to myself more than once that if it wasn't for someone "snitching" on me I would have never gotten caught.	0	0	0	0
30. I tend to let things go which should probably be attended to, based on my belief that they will work themselves out.	0	0	0	0
31. I have used alcohol or drugs to eliminate fear or apprehension before committing a crime.	0	0	0	0
32. I have made mistakes in life.	0	0	0	0
33. On the streets I would tell myself I needed to rob or steal in order to continue living the life I had coming.	0	0	0	0
34. I like to be on center stage in my relationships and conversations with others, controlling things as much as possible.	0	0	0	0
35. When questioned about my motives for engaging in crime, I have justified my behavior by pointing out how hard my life has been.	0	0	0	0

	4 - Strongly Agree	3 - Agree	2- Uncertain	1 - Disagree
36. I have trouble following through on good initial intentions.	0	0	0	0
37. I find myself expressing tender feelings toward animals or little children in order to make myself feel better after committing a crime or engaging in irresponsible behavior.	0	0	0	0
38. There have been times in my life when I felt I was above the law.	0	0	0	0
39. It seems that I have trouble concentrating on the simplest of tasks.	0	0	0	0
40. I tend to act impulsively under stress.	0	0	0	0
41. Why should I be made to appear worthless in front of friends and family when it is so easy to take from others.	0	0	0	0
42. I have often not tried something out of fear that I might fail.	0	0	0	0
43. I tend to put off until tomorrow what should have been done today.	0	0	0	0
44. Although I have always realized that I might get caught for a crime, I would tell myself that there was "no way they would catch me this time."	0	0	0	0
45. I have justified selling drugs, burglarizing homes, or robbing banks by telling myself that if I didn't do it someone else would.	0	0	0	0
46. I find it difficult to commit myself to something I am not sure of because of fear.	0	0	0	0
47. People have difficulty understanding me because I tend to jump around from subject to subject when talking.	0	0	0	0
48. There is nothing more frightening than change.	0	0	0	0
49. Nobody tells me what to do and if they try I will respond with intimidation, threats, or I might even get physically aggressive.	0	0	0	0
50. When I commit a crime or act irresponsibly I will perform a "good deed" or do something nice for someone as a way of making up for the harm I have caused.	0	0	0	0
51. I have difficulty critically evaluating my thoughts, ideas, and plans.	0	0	0	0
52. Nobody before or after can do it better than me because I am stronger, smarter, or slicker than most people.	0	0	0	0
53. I have rationalized my irresponsible actions with such statements as "everybody else is doing it so why shouldn't I."	0	0	0	0

	4 - Strongly Agree	3 - Agree	2 - Uncertain	1 - Disagree
54. If challenged I will sometimes go along by saying "yeah, you're right," even when I know the other person is wrong, because it's easier than arguing with them about it.	0	0	0	0
55. Fear of change has made it difficult for me to be successful in life.	0	0	0	0
56. The way I look at it I'm not really a criminal because I never intended to hurt anyone.	0	0	0	0
57. I still find myself saying "the hell with working a regular job, I'll just take it."	0	0	0	0
58. I sometimes wish I could take back certain things I have said or done.	0	0	0	0
59. Looking back over my life I can see now that I lacked direction and consistency of purpose.	0	0	0	0
60. Strange odors, for which there is no explanation, come to me for no apparent reason.	0	0	0	0
61. When on the streets I believed I could use drugs and avoid the negative consequences (addiction, compulsive use) that I observed in others.	0	0	0	0
62. I tend to be rather easily sidetracked so that I rarely finish what I start.	0	0	0	0
63. If there is a short-cut or easy way around something I will find it.	0	0	0	0
64. I have trouble controlling my angry feelings.	0	0	0	0
65. I believe that I am a special person and that my situation deserves special consideration.	0	0	0	0
66. There is nothing worse than being seen as weak or helpless.	0	0	0	0
67. I view the positive things I have done for others as making up for the negative things.	0	0	0	0
68. Even when I set goals I frequently do not obtain them because I am distracted by events going on around me.	0	0	0	0
69. There have been times when I tried to change but was prevented from doing so because of fear.	0	0	0	0
70. When frustrated I will throw rational thought to the wind with such statements as "screw it" or "the hell with it."	0	0	0	0
71. I have told myself that I would never have had to engage in crime if I had had a good job.	0	0	0	0
72. I can see that my life would be more satisfying if I could learn to make better decisions.	0	0	0	0

	4 - Strongly Agree	3 - Agree	2 - Uncertain	1 - Disagree
73. There have been times when I have felt entitled to break the law in order to pay for a vacation, new car, or expensive clothing that I told myself I needed.	0	0	0	0
74. I rarely considered the consequences of my actions when I was in the community.	0	0	0	0
75. A significant portion of my life on the streets was spent trying to control people and situations.	0	0	0	0
76. When I first began breaking the law I was very cautious, but as time went by and I didn't get caught I became overconfident and convinced myself that I could do just about anything and get away with it.	0	0	0	0
77. As I look back on it now, I was a pretty good guy even though I was involved in crime.	0	0	0	0
78. There have been times when I have made plans to do something with my family and then cancelled these plans so that I could hang out with my friends, use drugs, or commit crimes.	0	0	0	0
79. I tend to push problems to the side rather than dealing with them.	0	0	0	0
80. I have used good behavior (abstaining from crime for a period of time) or various situations (fight with a spouse) to give myself permission to commit a crime or engage in other irresponsible activities such as using drugs.	0	0	0	0

E-mail